



Regular Meeting Agenda

Thursday, June 4, 2026

10:00 AM

City Hall Complex, 915 I Street, Sacramento, CA 95814

Sacramento Children's Fund Planning and Oversight Commission

***Eugenia Richardson, Chair
Lilian Ghafari, Vice Chair
Nicole Kravitz-Wirtz***

***Monica Ruelas Mares
Davon Thomas
Volma Volcy
Shannon Williams***

Open Session

Roll Call

Land Acknowledgement

Pledge of Allegiance

Consent Calendar

All items listed under the Consent Calendar are considered and acted upon by one Motion.

1. Approval of Sacramento Children's Fund Planning and Oversight Commission Meeting Minutes

File ID: 2026-00025

Location: Citywide

Recommendation: Pass a **Motion** approving Sacramento Children's Fund Planning and Oversight Commission Regular Meeting Minutes dated May 7, 2026.

Contact: Cecelia Ventress, Deputy City Clerk, (916) 808-5928, cventress@cityofsacramento.org, Office of the City Clerk

Attachments: [2026-00025 STAFF REPORT](#)

2. Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log

File ID: 2026-00274

Location: Citywide

Recommendation: Pass a **Motion** approving the Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log.

Contact: Rene Kausin, Program Manager, (916) 808-6157, rkausin@cityofsacramento.org, Youth, Parks, and Community Enrichment Department

Attachments: [2026-00274 STAFF REPORT](#)

Discussion Calendar

3. Sacramento Children's Fund Target Populations

File ID: 2026-01127

Location: Citywide

Recommendation: Review the Strategic Investment Plan and Request for Proposals and discuss potential recommendations to align outcomes with the Measure L Target Populations.

Contact: Julie Garen, Program Specialist, (916) 808-1531, jgaren@cityofsacramento.org, Department of Youth, Parks, & Community Enrichment

Attachments: [2026-01127 STAFF REPORT](#)

4. Sacramento Children's Fund Planning and Oversight Strategic Investment Plan Third Year Review

File ID: 2026-01125

Location: Citywide

Recommendation: Review Strategic Investment Plan and discuss outcomes and potential recommendations to align outcomes with the five fund goals.

Contact: Julie Garen, Program Specialist, (916) 808-1531, jgaren@cityofsacramento.org, Department of Youth, Parks, & Community Enrichment

Attachments: [2026-01125 STAFF REPORT](#)

Target Populations Ad Hoc Committee Updates

Commissioner Comments-Ideas and Questions

Public Comments-Matters Not on the Agenda

Adjournment

Where to Find the Agenda and Staff Reports: The agenda provides a general description and staff recommendation; however, legislative bodies may take action other than what is recommended. Full staff reports are available at <https://meetings.cityofsacramento.org>.

Watch the Legislative Body Meeting Online: Live video streams and archives of past meetings are available at <https://meetings.cityofsacramento.org>.

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Public Comment Speaker Time Limits: In the interest of facilitating the legislative body's conduct of the business of the City, members of the public (speakers) who wish to address the legislative body during the meeting will have two minutes per speaker for Consent Calendar Items, Public Hearing Items, Discussion Calendar Items, and Matters not on the Agenda for a maximum total of eight minutes per speaker per meeting. Each speaker shall limit his/her remarks to the specified time allotment.

Notice to Lobbyists: When addressing the legislative body, you must identify yourself as a lobbyist and announce the client/business/organization you are representing.

Assistance: In compliance with the Americans with Disabilities Act, if you need special assistance, a disability-related modification or accommodation, agenda materials in an alternative format, or auxiliary aids to participate in this meeting, please contact the Office of the City Clerk at 916-808 7200 or clerk@cityofsacramento.org as soon as possible. Providing at least 72 hours' notice will help ensure that reasonable arrangements can be made.

City of Sacramento
**Sacramento Children’s Fund Planning and Oversight
Commission Report**
915 I Street Sacramento, CA 95814
www.cityofsacramento.org

File ID: 2026-00025

6/4/2026

Approval of Sacramento Children’s Fund Planning and Oversight Commission Meeting Minutes

File ID: 2026-00025

Location: Citywide

Recommendation: Pass a **Motion** approving Sacramento Children’s Fund Planning and Oversight Commission Regular Meeting Minutes dated May 7, 2026.

Contact: Cecelia Ventress, Deputy City Clerk, (916) 808-5928, cventress@cityofsacramento.org, Office of the City Clerk

Presenter: None

Attachments:

1-Description/Analysis

2-May 7, 2026, Sacramento Children’s Fund Planning and Oversight Commission Draft Regular Meeting Minutes

Description/Analysis

Issue Detail: It is best practice for the Sacramento Children’s Fund Planning and Oversight Commission to approve the minutes for each meeting.

Policy Considerations: The City Clerk keeps a permanent record of the Sacramento Children’s Fund Planning and Oversight Commission proceedings, showing all action considered and taken and the vote of each member on matters before the Commission.

Economic Impacts: None.

Environmental Considerations: None.

Sustainability: None.

Commission/Committee Action: None.

Rationale for Recommendation: After each Sacramento Children’s Fund Planning and Oversight Commission meeting, the City Clerk composes the DRAFT Minutes noting the action taken by the Commission. The attached DRAFT Minutes are presented to the Commission for its approval as a permanent record of the meeting actions.

Financial Considerations: None.

Local Business Enterprise (LBE): None.



DRAFT Minutes

Thursday, May 7, 2026

10:00 AM

Regular Meeting

City Hall Complex, 915 I Street, Sacramento, CA 95814

Sacramento Children's Fund Planning and Oversight Commission

***Eugenia Richardson, Chair
Lilian Ghafari, Vice Chair
Nicole Kravitz-Wirtz***

***Monica Ruelas Mares
Davon Thomas
Volma Volcy
Shannon Williams***

Open Session

Regular meeting called to order by Chair Richardson at 10:03 a.m. on Thursday, May 6, 2026, at the Sacramento City Hall Council Chamber.

Commissioners Present: Lilian Ghafari, Nicole Kravitz-Wirtz, Monica Ruelas Mares, Davon Thomas, Shannon Williams, and Chair Eugenia Richardson.

Commissioners Absent: Commissioner Volma Volcy.

Land Acknowledgement – Led by Chair Richardson.

Consent Calendar

- Action:** Moved/Seconded: Commissioner Thomas / Commissioner Williams.
- Yes:** Commissioners Lilian Ghafari, Nicole Kravitz-Wirtz, Monica Ruelas Mares, Davon Thomas, Shannon Williams, and Chair Eugenia Richardson.
- Absent:** Commissioner Volma Volcy.

A motion **passed** to adopt the Consent Calendar in one motion except as indicated at each item.

1. **Approval of Sacramento Children's Fund Planning and Oversight Commission Meeting Minutes**
File ID: 2026-00024
Location: Citywide
Action: Passed a **Motion** approving Sacramento Children's Fund Planning and Oversight Commission Regular Meeting Minutes dated February 5, 2026.
Contact: Rosanna Montesinos, Administrative Analyst, (916) 808-7171, rmontesinos@cityofsacramento.org, Office of the City Clerk
2. **Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log**
File ID: 2026-00273
Location: Citywide
Action: Passed a **Motion** approving the Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log.
Contact: Rene Kausin, Program Manager, (916) 808-6157, rkausin@cityofsacramento.org, Youth, Parks, and Community Enrichment Department
3. **Dissolution of the Community Engagement Ad Hoc Committee**
File ID: 2026-00844
Location: Citywide
Action: Passed a **Motion** dissolving the Community Engagement Ad Hoc Committee.
Contact: Jacob Bredberg, Administrative Analyst, (916) 808-6846, jbredberg@cityofsacramento.org; Mindy Cuppy, City Clerk, (916) 808-5441, mcuppy@cityofsacramento.org; Office of the City Clerk

Discussion Calendar

- 4. City Auditor's Fiscal Year (FY) 2024/2025 Baseline Funding Verification for the Sacramento Children's Fund**
File ID: 2026-00484
Location: Citywide
Action: Reviewed and commented.
Contact: Farishta Ahrary, City Auditor, (916) 808-7266, fahrary@cityofsacramento.org;
Joe Fleming, Senior Fiscal Policy Analyst, (916) 808-7285,
jfleming@cityofsacramento.org; Office of the City Auditor

- 5. City Auditor's Fiscal Year (FY) 2024/2025 Audited Cannabis Business Operations Tax Amount for the Sacramento Children's Fund**
File ID: 2026-00485
Location: Citywide
Action: Reviewed and commented.
Contact: Farishta Ahrary, City Auditor, (916) 808-7266, fahrary@cityofsacramento.org;
Joe Fleming, Senior Fiscal Policy Analyst, (916) 808-7285,
jfleming@cityofsacramento.org; Office of the City Auditor

**6. Sacramento Children's Fund Planning and Oversight Commission
Implementation Update**

File ID: 2026-00895

Location: Citywide

Action: Moved/Seconded: Commissioner Williams / Commissioner Ghafari.

Yes: Commissioners Lilian Ghafari, Nicole Kravitz-Wirtz, Monica Ruelas Mares, Davon Thomas, Shannon Williams, and Chair Eugenia Richardson.

Absent: Commissioner Volma Volcy.

1) Reviewed Strategic Investment Plan and discussed outcomes and potential recommendations to align outcomes with the five fund goals; and 2) Passed a **Motion** on making recommendations on changes to the competitive selection process for funding recipients.

Contact: Julie Garen, Program Specialist, (916) 808-1531, jgaren@cityofsacramento.org, Department of Youth, Parks, & Community Enrichment

Action: Moved/Seconded: Commissioner Ghafari / Commissioner Ruelas Mares.

Yes: Commissioners Lilian Ghafari, Nicole Kravitz-Wirtz, Monica Ruelas Mares, Davon Thomas, Shannon Williams, and Chair Eugenia Richardson.

Absent: Commissioner Volma Volcy.

Pursuant to Council Rules of Procedure, Chapter 8 (D)(6) passed a **Motion** to extend the meeting past 2 hours.

Target Populations Ad Hoc Committee Updates

Target Populations Ad Hoc provided updates.

Commissioner Comments-Ideas and Questions

Members of the Commission provided comments.

Public Comments-Matters Not on the Agenda

None.

Adjourned – 11:56 a.m.

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915 I Street Sacramento, CA 95814
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File ID: 2026-00274

6/4/2026

Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log

File ID: 2026-00274

Location: Citywide

Recommendation: Pass a **Motion** approving the Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log.

Contact: Rene Kausin, Program Manager, (916) 808-6157, rkausin@cityofsacramento.org, Youth, Parks, and Community Enrichment Department

Presenter: None

Attachments:

1-Description/Analysis

2-Sacramento Children's Fund Planning and Oversight Commission Follow-Up Log

Description/Analysis

Issue Detail: Like other City commissions and committees, the Sacramento Children's Fund Planning and Oversight Commission maintains, as a standing item, a follow-up log to organize and track items that may be considered in the future. The follow-up log details each item and gives an estimate of when staff expects to bring the item back to the Commission. Commission members are welcome to add items to the log during each meeting.

Policy Considerations: None.

Economic Impacts: None.

Environmental Considerations: None.

Sustainability: None.

Commission/Committee Action: None.

Rationale for Recommendation: None.

Financial Considerations: None.

Local Business Enterprise (LBE): None.

Item #	Subject Matter	Requested by:	Meets Which Powers & Duties (Scope) of Commission	Commission Priority (High, Medium, Low)	Dated Added to Log	Scheduled To Be Heard (Future Meeting Date or TBD)	Notes / Status
	What is the subject or topic and specific request for follow up?	Which Commissioner(s) requested this follow up item?	How does this request meet the scope of the Commission? Align with powers & duties as described in forming docs (i.e. city code, bylaws, resolution, etc.)	What is the priority of the Commission?	What was the meeting date this request was made?	What is the meeting date when this request will be brought back to Commission for consideration?	Provide a status of the request prior to each meeting. Note date request was completed then move to Completed Requests tab.
1	Subject: Sacramento Children's Fund Planning and Oversight Commission request: Requesting a map of impact areas and how fund goals are spread out with the funding.	Commissioner Kravitz-Wirtz	To prioritize funding goals for the Sacramento Children's Fund	To prioritize funding goals for the Sacramento Children's Fund	1-May-25	Pending	This request is pending with the Sacramento Children's Fund Staff, the City's GIS team and the evaluation firm hired as a result of the RFP for evaluation services.
2	Subject: Sacramento Children's Fund Planning and Oversight Commission request: Requested updated report from Office of Violence Prevention	Commissioner Ghafari	To prioritize funding goals for the Sacramento Children's Fund	To prioritize funding goals for the Sacramento Children's Fund	7-May-26	Pending	This request is pending with the Office of Violence Prevention.
3	Subject: Sacramento Children's Fund Planning and Oversight Commission request: Requested the evaluator provide a presentation.	Commissioner Ruelas-Mares	To prioritize funding goals for the Sacramento Children's Fund	To prioritize funding goals for the Sacramento Children's Fund	5-Feb-26	Pending	This request is pending with the Sacramento Children's Fund Staff and the evaluator. City Staff will schedule a presentation with Harder & Company once the evaluation has launched.
4	Subject: Sacramento Children's Fund Planning and Oversight Commission request: Requested an update on GBI	Commissioner Ruelas-Mares	To prioritize funding goals for the Sacramento Children's Fund	To prioritize funding goals for the Sacramento Children's Fund	5-Feb-26	Pending	This request is pending with the Sacramento Children's Fund Staff and the grantee. City Staff will ask the grantee to present to the commission once the contract is executed.
5	Subject: Sacramento Children's Fund Planning and Oversight Commission request: Requesting information regarding grant writing opportunities or Workshops for small and emerging CBO's	Commissioner Thomas	To prioritize funding goals for the Sacramento Children's Fund	To prioritize funding goals for the Sacramento Children's Fund	7-May-26	Pending	This request is pending with the Sacramento Children's Fund Staff. Staff is conducting research and working with the CAO to determine what assistance can be provided to potential applicants.
6	Subject: Sacramento Children's Fund Planning and Oversight Commission request: Requested an update on the remaining programs from the progress report.	Chair Richardson and Commissioner Ruelas-Mares	To prioritize funding goals for the Sacramento Children's Fund	To prioritize funding goals for the Sacramento Children's Fund	7-May-26	Pending	Staff are working with the evaluator to produce a Sacramento Children's Fund Annual Report for Year 2 of the SIP. The report will include updated data included in the Progress Report.

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File ID: 2026-01127

6/4/2026

Sacramento Children’s Fund Target Populations

File ID: 2026-01127

Location: Citywide

Recommendation: Review the Strategic Investment Plan and Request for Proposals and discuss potential recommendations to align outcomes with the Measure L Target Populations.

Contact: Julie Garen, Program Specialist, (916) 808-1531, jgaren@cityofsacramento.org, Department of Youth, Parks, & Community Enrichment

Presenter: Nicole Kravitz-Wirtz, Sacramento Children’s Fund Commissioner

Attachments:

1-Description/Analysis

2-Sacramento Children’s Fund Target Population Presentation

Issue Detail: As part of the third year review of the Strategic Investment Plan, the Target Populations Ad Hoc Committee will present updates on their work including recommendations on how to approach the target populations in the second round of open grant funding.

The Sacramento Children’s Fund Planning and Oversight Commission will discuss the implementation updates and potential recommendations it may wish to make to better align outcomes with the five fund goals and the Sacramento Children’s Fund target populations. Sacramento Children’s Fund Commissioners will present multiple approaches to addressing the target populations in the competitive funding process.

Any recommendations to revise the competitive selection process must be consistent with the Commission’s powers and duties, as established in Section 120 of the City Charter, as well as the SIP approved by Council. Certain recommended revisions to the competitive selection process, and any revisions to the SIP, would require City Council approval.

Policy Considerations: Sacramento City Charter § 120 Sacramento Children’s Fund.

Economic Impacts: Not applicable.

Environmental Considerations: Not applicable.

Sustainability: Not applicable.

Commission/Committee Action: Not applicable.

Rationale for Recommendation: As outlined in Measure L, Sacramento City Charter § 120 Sacramento Children’s Fund, the Sacramento Children’s Fund Planning and Oversight Commission is charged with the power and duty to complete a third year review of the Strategic Investment Plan. The Commission may make recommendations on how to implement changes to the next round of open grant funding and/or the SIP after review and discussion of the implementation updates.

Financial Considerations: Not applicable.

Local Business Enterprise (LBE): Not applicable.

Strengthening the SCF RFP to Reach the Most Impacted Youth

June 4, 2026

SCF Planning & Oversight Commission

RFP Intent

- SCF aims to fund programs that serve youth **“most impacted by poverty, trauma, and violence”**
- Priority populations clearly defined (p.17)
- Includes expectation to:
 - Reach youth **“not otherwise connected to programs or services”** (p.8)

→ **Key question:** Are current structures sufficient to ensure funds reach these youth?

Core Issue/Opportunity

- Priority populations:
 - Listed descriptively
 - Embedded within broader scoring categories
 - **Not independently scored**
- Implications:
 - "How services are delivered" is weighted more than "Who is actually reached"
- Result: Programs can score highly **without demonstrating meaningful reach to the most impacted**

Additional Gap

- **Access is referenced—but not operationalized**
 - RFP requires:
 - Reaching those “not otherwise connected to programs or services” (p.8)
 - But:
 - No clear criteria for:
 - What counts as “not connected”
 - How to demonstrate this
 - How it is evaluated in scoring
- Leaves room for **broad interpretation + minimal differentiation**

Consideration 1

- **Create a Dedicated “Priority Populations” Scoring Category**
 - Separate from Program Design
 - Assign meaningful weight (e.g., 15–25 points)
- **Evaluate:**
 - Depth of engagement with priority populations
 - Evidence of serving **highest-need subgroups**
 - Intersectionality (not just single-category inclusion)

Consideration 2

- Build on existing language by **requiring demonstrated reach to** “crossover” youth or “multiple service using” youth
 - Youth facing multiple, co-occurring challenges across life domains
 - Needs span several sectors (e.g., mental health, child welfare, youth justice)
 - Integrated (coherent, coordinated, continuous) support is essential
- Shift from:
 - “Eligible populations”
 - To: **Populations facing structural barriers to access**

Consideration 2 (cont.)

Applicants must address the needs of at least one of the following priority populations from each of the Multiple Marginalized Identities AND Socially Complex Needs [AND "Hard-to-Reach"] categories:

Multiple Marginalized Identities:	Socially Complex Needs:	"Hard-to-Reach":
<ul style="list-style-type: none">• Children, youth, and families who are Black, Indigenous, Latino/e, Southeast Asian• Children and youth who identify as LGBTQ+• Children and youth who are first generation immigrants or refugees• Children and youth with disabilities	<ul style="list-style-type: none">• Children, youth, and families who are low-income• Youth in or transitioning out of foster care• Children or youth exposed to violence• Youth or families who are unhoused• Youth who are not in school or working• Children and youth who have been involved in the juvenile or criminal legal systems	<ul style="list-style-type: none">• Youth or families who are unhoused• Youth who are not in school or working• Children and youth who have been involved in the juvenile or criminal legal systems

Consideration 3

- **Strengthen Access Expansion Requirement**
 - Add a scored question:
 - How will you reach youth **not currently connected to services?**
 - Require:
 - Specific strategies (not general outreach)
 - Evidence of:
 - Nontraditional entry points
 - Community-based engagement
 - Trusted messengers
- Must demonstrate a **clear break from the status quo**

Consideration 4

- **Differentiate Levels of Reach in Scoring**
 - Move from:
 - Binary ("serves priority populations")
 - To:
 - Tiered evaluation:
 - Level 1: General access
 - Level 2: Targeted outreach
 - Level 3: Deep engagement with "hardest-to-reach"
- Improves **reviewer consistency + funding precision**

What This Looks Like in Practice

- **Stronger applications will:**
- Identify *who is not being reached*
- Use:
 - Boots-on-the-ground ("street") outreach
 - Peer/credible messengers
 - Community-based entry points
- Demonstrate:
 - Past success reaching disconnected youth
 - Measurable strategies to expand access

Selected References

1. Veerman LCM, Nootboom LA, Mulder EA, Vermeiren RRJM. Dynamics that challenge the provision of integrated care for youth at-risk: a systematic review. *Children and Youth Services Review*. 2026/04/01/ 2026;183:108778. doi:<https://doi.org/10.1016/j.childyouth.2026.108778>
2. https://aphsa.org/wp-content/uploads/2025/01/2025-01_Addressing-the-Complex-Needs-of-Youth.pdf
3. Bounds DT, Winiarski DA, Otwell CH, et al. Considerations for working with youth with socially complex needs. *Journal of Child and Adolescent Psychiatric Nursing*. 2020/11/01 2020;33(4):209-220. doi:<https://doi.org/10.1111/jcap.12288>
4. [Report_EffectiveServicesandSupports_report_2026.pdf](#)

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File ID: 2026-01125

6/4/2026

Sacramento Children's Fund Planning and Oversight Strategic Investment Plan Third Year Review

File ID: 2026-01125

Location: Citywide

Recommendation: Review Strategic Investment Plan and discuss outcomes and potential recommendations to align outcomes with the five fund goals.

Contact: Julie Garen, Program Specialist, (916) 808-1531, jgaren@cityofsacramento.org,
Department of Youth, Parks, & Community Enrichment

Presenter: Julie Garen, Program Specialist, (916) 808-1531, jgaren@cityofsacramento.org,
Department of Youth, Parks, & Community Enrichment

Attachments:

1-Description/Analysis

2-Sacramento Children's Fund Presentation

Description/Analysis

Issue Detail: As part of the third year review, commissioners will review and discuss the Strategic Investment Plan and the first round Request for Proposals. Vice Chair Ghafari and Commissioner Thomas will present on the definition of mental health.

The Sacramento Children's Fund Planning and Oversight Commission will discuss potential recommendations it may wish to make to better align outcomes with the five fund goals, which include: (1) supporting the mental health and emotional wellness of youth; (2) preventing and reducing homelessness among youth, including youth transitioning out of foster care; (3) preventing and reducing youth substance abuse; (4) preventing and reducing youth violence; and (5) supporting the healthy development of children ages 0 to 5 years old.

The Commission may also consider its approach to potential changes in funding for the second round of open grants. The commission may discuss the definition of mental health and substance abuse and any programs or evidence-based practices it would like to recommend be included in the next competitive application process.

Any recommendations to revise the competitive selection process must be consistent with the Commission's powers and duties, as established in Section 120 of the City Charter, as well as the SIP approved by Council. Certain recommended revisions to the competitive selection process, and any revisions to the SIP, would require City Council approval.

Policy Considerations: Sacramento City Charter § 120 Sacramento Children's Fund.

Economic Impacts: Not applicable.

Environmental Considerations: Not applicable.


Sustainability: Not applicable.

Commission/Committee Action: Not applicable.

Rationale for Recommendation: As outlined in Measure L, Sacramento City Charter § 120 Sacramento Children's Fund, the Sacramento Children's Fund Planning and Oversight Commission is charged with the power and duty to complete a third year review of the Strategic Investment Plan. The Commission may make recommendations on how to implement changes to the next round of open grant funding and/or the SIP after review and discussion of the implementation updates.

Financial Considerations: Not applicable.

Local Business Enterprise (LBE): Not applicable.



Mental Health Defined
Sacramento Children's Fund
Commission, 2026

Vice Chair Lilian Ghafari & Commissioner Davon Thomas

"Funded programs will prioritize children and youth most impacted by poverty, violence, and trauma. (City of Sacramento, 2024)

Considerations

How do we define mental health?

Definition of mental health vs. mental health programs

What is on our current RFP & how can we be more specific with mental health?

How do we reach youth most impacted by poverty, violence & trauma?

Considerations

When is the average onset of mental health symptoms?

50% of all lifetime mental illness begins by age 14, and 75% by age 24¹

Studies suggest the average delay between the onset of mental health symptoms and treatment is 11 years²

For youth who are most impacted by poverty, trauma and violence, age of onset can be sooner due to severe life stressors

Primary, Secondary & Tertiary Mental Health Program Examples

Mental Health Services Categorized

1. Primary Prevention

Primary prevention involves proactive, universal strategies that stop a mental health disorder or crisis from developing in the first place. The goal is to reduce risk factors and build resilience.

Examples: School-based emotional regulation programs, parenting classes, public awareness campaigns on stress management, and community efforts to prevent childhood trauma.

Mental Health Services Categorized

2. Secondary Prevention

Secondary prevention focuses on early detection, rapid intervention, and limiting the duration and severity of a mental health condition once it appears. The focus here is "nip it in the bud" to prevent the issue from worsening.

Examples: Routine depression screenings at an annual physical, crisis text lines, and brief, early interventions for someone experiencing acute stress or grief.

SCF Awardee Example: The REDA/ALEFE program provides culturally responsive school readiness classes, parenting workshops, and family support services to help low-income refugee preschool children strengthen their social, emotional, and developmental well-being while preparing for school success.

Mental Health Services Categorized

3. Tertiary Prevention

Tertiary prevention (or disease management) steps in after a mental health condition has been diagnosed or an acute crisis has passed. The goal is to reduce long-term disability, prevent relapse, and help individuals maximize their quality of life and functional independence.

Examples: Long-term psychotherapy, psychiatric medication management, rehabilitation programs, and ongoing peer support groups.

SCF Awardee Example: SAC LGBTQ Center - The Center will launch an LGBTQ+ Mental Health Training Program for graduate-level mental health trainees to provide affirming individual and group therapy services to LGBTQ+ youth ages 13–24 in Sacramento under licensed clinical supervision. The program aims to serve 60 clients with nearly 2,000 hours of care while increasing youth engagement in mental health services, improving outcomes, and building a pipeline of LGBTQ+ affirming mental health professionals

In The Current SCF RFP

GOAL AREA 1: SUPPORT THE MENTAL HEALTH AND EMOTIONAL WELLNESS OF YOUTH

The SCF supports youth-driven, culturally affirming, and trauma-responsive strategies that are coordinated, equitable, appropriate, timely, sustainable, and accessible, so that all children and youth have fair and just opportunity to develop and maintain positive mental health, as well as access to affordable and effective early intervention, treatment, and recovery care when, where, and in the ways they need it most. These include:

- 1) Increasing mental health literacy: Increase knowledge and understanding of how to develop and maintain positive mental health, especially peer modeling programs, as well as skills that support how to effectively engage in help-seeking while also removing systemic barriers to access.
- 2) Developing healthy cultural identities: Focus on promotion of strength-based, culturally grounded protective factors over reduction of risk to help build a sense of belonging while countering stigmatization of impacted populations and communities.

In The Current SCF RFP Continued

- 3) Enhancing social, emotional, and behavioral learning: Promote social skills and emotional development by focusing on self-management, responsible decision-making, relationship skills, and social and self-awareness while enhancing connectedness to peers, adults, and community.
- 4) Providing cognitive behavioral interventions: Teach skills for emotional regulation, anxiety management, and problem solving to address disruptive thoughts and behaviors in ways that are culturally adaptive or tailored to meet the unique needs of young people and families.
- 5) Reducing access to lethal means: Promote safety by removing or securing access to dangerous items such as guns, medications, or other household items that could be used to cause harm to oneself or others in a “moment of crisis”.

In The Current RFP

FUND GOAL SPECIFIC PROGRAM DESIGN NARRATIVE QUESTIONS (REQUIRED)

a. FOR PROGRAMS THAT SERVE GOAL AREA 1: SUPPORT THE MENTAL HEALTH AND EMOTIONAL WELLNESS OF YOUTH (500 words).

- i. Describe how the program incorporates culturally-affirming, and trauma responsive strategies.
- ii. Explain how the program incorporates fund goal specific evidence informed strategies listed under Funding Information pg. 17-20.
- iii. Describe how the services are equitable and accessible so that all young people may participate

The City of Richmond and Department and Fund for Children and Youth

- Options for Supported Programming
 - Individual & group counseling/therapy sessions
 - Mindfulness & emotional wellness programs
 - Mental health/wellness support groups
 - Behavioral health/ positive behavior intervention programs
 - Violence and trauma recovery programs
 - Trauma informed training for staff, teachers, first-responders
- Page 21 of RFP
 - https://www.ci.richmond.ca.us/DocumentCenter/View/70793/2024-09-03_FY25-28_RFCY_RequestforProposals

Fred Finch Youth & Family Services

A California-based non-profit organization that supports children, adolescents, young adults, and families facing complex challenges such as trauma, poverty, foster care, and developmental disabilities like autism. Founded in 1891, the agency provides trauma-informed mental health, educational, and housing services across the state.

Key Programs & Services:

Mental Health & Therapy: Offers community-based, school-based, and visiting therapist programs to youth struggling with severe emotional distress, trauma, or behavioral challenges.

Specialized Wraparound: Provides highly individualized behavioral and mental health services, particularly in Southern California, for youth with developmental disabilities.

Educational & Vocational: Partners with public and non-public schools to provide full-service therapy and support to help students overcome barriers to academic and social success.

Housing & Residential: Offers transitional housing, specialty residential treatment, and independent living support for youth and young adults.

California Youth Mental Health Corps

An initiative pairing young adults (ages 18 to 24) with schools, community organizations, and health clinics to serve as peer mental health navigators. The program addresses the youth mental health crisis while providing participants with professional credentials, higher education credits, and living stipends.

Role: Members serve one-to-two-year projects acting as trusted guides, connecting teens with vital mental health resources.

Focus: Navigators help youth process stressors related to social media, digital overload, and emerging technologies.

Benefits for Members: Participants earn specialized training, certifications (such as Community Health Worker credentials), higher education credits, and hands-on experience in public health

Thank you!